



# 1. Zweitalsperrenlauf Tambach-Dietharz

Tambach Dietharz / 14.09.2008

## Detailed evaluation

**Baumbach, Frank**

Club: Rennsteiglaufverein

Number: 3

Course: 17.00 km

17 km

Category:

Männer M40

Total time: 1:14:09

Speed: 13.76 km/h

Running performance: 4:22 min/km

Rank in course/Total: 10 (of 84)

Rank in course/Men: 10 (of 71)

Best time in course: 1:07:27

Rank in category: 4(of 14)

Best time in the category: 1:09:08