



# 1. Zweitalsperrenlauf Tambach-Dietharz

Tambach Dietharz / 14.09.2008

## Detailed evaluation

**Humbek, Frank**

Club: RAD-ART Gotha

Number: 23

Course: 17.00 km

17 km

Category:

Männer M40

Total time: 1:16:14

Speed: 13.38 km/h

Running performance: 4:29 min/km

Rank in course/Total: 15 (of 84)

Rank in course/Men: 15 (of 71)

Best time in course: 1:07:27

Rank in category: 5(of 14)

Best time in the category: 1:09:08