



# 1. Zweitalsperrenlauf Tambach-Dietharz

Tambach Dietharz / 14.09.2008

## Detailed evaluation

**Abraham, Daniel**

Club: Luisenthal

Number: 74

Course: 17.00 km

17 km

Category:

Männer M30

Total time: 1:18:36

Speed: 12.98 km/h

Running performance: 4:37 min/km

Rank in course/Total: 21 (of 84)

Rank in course/Men: 21 (of 71)

Best time in course: 1:07:27

Rank in category: 3(of 7)

Best time in the category: 1:13:13