



# 1. Zweitalsperrenlauf Tambach-Dietharz

Tambach Dietharz / 14.09.2008

## Detailed evaluation

**Kürschner, Heiko**

Club: WSC07 Ruhla

Number: 34

Course: 17.00 km

17 km

Category:

Männer M40

Total time: 1:24:25

Speed: 12.08 km/h

Running performance: 4:58 min/km

Rank in course/Total: 45 (of 84)

Rank in course/Men: 42 (of 71)

Best time in course: 1:07:27

Rank in category: 12(of 14)

Best time in the category: 1:09:08