



# 1. Zweitalsperrenlauf Tambach-Dietharz

Tambach Dietharz / 14.09.2008

## Detailed evaluation

**Seeber, Frank**

Club: Gotha

Number: 69

Course: 17.00 km

17 km

Category:

Männer M40

Total time: 1:29:09

Speed: 11.44 km/h

Running performance: 5:14 min/km

Rank in course/Total: 53 (of 84)

Rank in course/Men: 50 (of 71)

Best time in course: 1:07:27

Rank in category: 13(of 14)

Best time in the category: 1:09:08