



# 1. Zweitalsperrenlauf Tambach-Dietharz

Tambach Dietharz / 14.09.2008

## Detailed evaluation

Lier, Gerd

Club: Günthersleben-Wechmar

Number: 72

Course: 17.00 km

17 km

Category:

Männer M45

Total time: 1:31:20

Speed: 11.17 km/h

Running performance: 5:22 min/km

Rank in course/Total: 59 (of 84)

Rank in course/Men: 55 (of 71)

Best time in course: 1:07:27

Rank in category: 8(of 13)

Best time in the category: 1:15:41