



5. Weidatal Marathon

Turnerheim Weißendorf bei Zeulenroda / 14.09.2008

Detailed evaluation

Rischow, Sabine

Club: OG Groß Schulzendorf 67/60

Number: 330

Course: 21.60 km

Halbmarathon

Total time: 3:04:42

Speed: 7.02 km/h

metres in height up: 436

Course score: 27.54

performance score: 198 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start NoWa	0	0	10:13	00:00	00:00
Staumauer	5.7	5.7	11:59	01:46	01:46
Weißer Stein	16.7	11.0	12:33	02:19	00:33
Ziel NoWa	21.6	4.9	13:18	03:04	00:44