



5. Weidatal Marathon

Turnerheim Weißendorf bei Zeulenroda / 14.09.2008

Detailed evaluation

Lorenz, Michaela

Club: Nippon Berlin

Number: 320

Course: 21.60 km

Halbmarathon

Total time: 3:36:36

Speed: 5.82 km/h

metres in height up: 436

Course score: 27.54

performance score: 168 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start NoWa	0	0	10:13	00:00	00:00
Staumauer	5.7	5.7	12:09	01:55	01:55
Weißer Stein	16.7	11.0	13:00	02:46	00:50
Ziel NoWa	21.6	4.9	13:49	03:36	00:49