



5. Weidatal Marathon

Turnerheim Weißendorf bei Zeulenroda / 14.09.2008

Detailed evaluation

Konrad, Ralf

Club: Naturfreunde Deutschland

Number: 90

Course: 32.70 km

3/4-Marathon

Total time: 4:50:40

Speed: 6.61 km/h

metres in height up: 654

Course score: 41.81

performance score: 287 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start NoWa	0	0	10:13	00:00	00:00
Staumauer	5.7	5.7	12:05	01:51	01:51
Weißer Stein	16.7	11.0	13:43	03:30	01:38
Durchlauf	21.6	4.9	14:27	04:14	00:44
Ziel NoWa	32.7	4.9	15:03	04:50	00:36