



5. Weidatal Marathon

Turnerheim Weißendorf bei Zeulenroda / 14.09.2008

Detailed evaluation

Zeise, Volkhard

Club: Ludwigsfelder LV

Number: 183

Course: 32.70 km

3/4-Marathon

Total time: 5:21:59

Speed: 6.09 km/h

metres in height up: 654

Course score: 41.81

performance score: 259 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start NoWa	0	0	10:13	00:00	00:00
Staumauer	5.7	5.7	12:03	01:49	01:49
Weißer Stein	16.7	11.0	12:43	02:29	00:39
Durchlauf	21.6	4.9	14:34	04:21	01:51
Ziel NoWa	32.7	4.9	15:35	05:21	01:00