



## 5. Weidatal Marathon

Turnerheim Weißendorf bei Zeulenroda / 14.09.2008

### Detailed evaluation

Sing, Reinhold

Club: sadfg

Number: 155

Course: 43.20 km

Marathon

Total time: 6:33:54

Speed: 6.55 km/h

metres in height up: 872

Course score: 56.08

performance score: 370 Points

### Intermediate times

| Control      | km Total | km Split | Time of day | Total Time | Split Time |
|--------------|----------|----------|-------------|------------|------------|
| Start NoWa   | 0        | 0        | 10:13       | 00:00      | 00:00      |
| Staumauer    | 5.7      | 5.7      | 12:00       | 01:47      | 01:47      |
| Weißer Stein | 16.7     | 11.0     | 13:34       | 03:20      | 01:33      |
| Durchlauf    | 21.6     | 4.9      | 14:18       | 04:05      | 00:44      |
| Weißer Stein | 38.3     | 11.0     | 15:57       | 05:44      | 01:38      |
| Ziel NoWa    | 43.2     | 4.9      | 16:47       | 06:33      | 00:49      |