



5. Weidatal Marathon

Turnerheim Weißendorf bei Zeulenroda / 14.09.2008

Detailed evaluation

Beier, Rudolf

Club: RSG Herne/Distel-Walker

Number: 184

Course: 43.20 km

Marathon

Total time: 6:49:53

Speed: 6.29 km/h

metres in height up: 872

Course score: 56.08

performance score: 356 Points

Intermediate times

Control	km Total	km Split	Time of day	Total Time	Split Time
Start NoWa	0	0	10:13	00:00	00:00
Staumauer	5.7	5.7	12:01	01:48	01:48
Weißer Stein	16.7	11.0	12:39	02:26	00:38
Durchlauf	21.6	4.9	14:27	04:13	01:47
Weißer Stein	38.3	11.0	16:16	06:02	01:48
Ziel NoWa	43.2	4.9	17:03	06:49	00:47