



1. Bergstraeser Halbmarathon und 10 km Laufen-Walken
Hirschberg a.d. Bergstraße / 21.09.2008

Detailed evaluation

Elghobashi-Meinhardt, Nadia

Club: Berlin
Number: 803

Course: 10.00 km
10 km-Lauf

Category:
Frauen W30

Total time: 52:40

Speed: 11.39 km/h
Running performance: 5:16 min/km

Rank in course/Total: 16 (of 30)

Rank in course/Women: 3 (of 8)

Best time in course: 48:45

Rank in category: 2(of 2)

Best time in the category: 50:39