



# 1. Bergstraeser Halbmarathon und 10 km Laufen-Walken

Hirschberg a.d. Bergstraße / 21.09.2008

## Detailed evaluation

Freund

Club: TV Schwetzingen

Number: 833

Course: 10.00 km

10 km-Lauf

Category:

Männer M55

Total time: 57:40

Speed: 10.40 km/h

Running performance: 5:46 min/km

Rank in course/Total: 20 (of 30)

Rank in course/Men: 15 (of 22)

Best time in course: 38:54

Rank in category: 3(of 3)

Best time in the category: 50:13