



1. Bergstraeser Halbmarathon und 10 km Laufen-Walken
Hirschberg a.d. Bergstraße / 21.09.2008

Detailed evaluation

Lemos, Bernd

Total time: 1:00:20

Number: 961

Speed: 9.94 km/h

Running performance: 6:02 min/km

Course: 10.00 km
10 km-Lauf

Rank in course/Total: 23 (of 30)

Rank in course/Men: 18 (of 22)

Best time in course: 38:54

Category:

Rank in category: 4(of 6)

Männer M35

Best time in the category: 52:07