



1. Bergstraeser Halbmarathon und 10 km Laufen-Walken

Hirschberg a.d. Bergstraße / 21.09.2008

Detailed evaluation

Warneking, Markus

Club: Sparkassen Sport Club Rhein Neck
Number: 956

Course: 10.00 km
10 km-Lauf

Category:
Männer M40

Total time: 46:10

Speed: 13.00 km/h
Running performance: 4:37 min/km

Rank in course/Total: 4 (of 30)

Rank in course/Men: 4 (of 22)

Best time in course: 38:54

Rank in category: 2(of 6)

Best time in the category: 39:20