



1. Bergstraeser Halbmarathon und 10 km Laufen-Walken

Hirschberg a.d. Bergstraße / 21.09.2008

Detailed evaluation

LaGodna, Martin

Club: Heidelberg
Number: 670

Course: 21.10 km
Bergsträßer Halbmarathon

Category:
Männer M45

Total time: 2:16:01

Speed: 9.26 km/h
Running performance: 6:27 min/km

Rank in course/Total: 53 (of 57)

Rank in course/Men: 47 (of 51)

Best time in course: 1:18:35

Rank in category: 6(of 8)

Best time in the category: 1:33:46