



park&see-Lauf (1. Hofer Stadtlauf)

Hof / 27.09.2008

Detailed evaluation

Luft, Enrico

Club: Triathlon Jena e.V.

Number: 164

Course: 21.10 km

Halbmarathon

Category:

Männer M30

Total time: 1:43:21

Speed: 12.19 km/h

Running performance: 4:54 min/km

Rank in course/Total: 101 (of 290)

Rank in course/Men: 94 (of 232)

Best time in course: 1:13:03

Rank in category: 15(of 22)

Best time in the category: 1:16:01