



park&see-Lauf (1. Hofer Stadtlauf)

Hof / 27.09.2008

Detailed evaluation

Traub, Marcus

Club: IfL Hof

Number: 289

Course: 21.10 km

Halbmarathon

Category:

Männer M40

Total time: 1:43:47

Speed: 12.14 km/h

Running performance: 4:55 min/km

Rank in course/Total: 107 (of 290)

Rank in course/Men: 100 (of 232)

Best time in course: 1:13:03

Rank in category: 18(of 36)

Best time in the category: 1:19:31