



park&see-Lauf (1. Hofer Stadtlauf)

Hof / 27.09.2008

Detailed evaluation

Ackermann, Hellmut

Number: 2

Course: 21.10 km

Halbmarathon

Category:

Männer M45

Total time: 1:45:10

Speed: 11.98 km/h

Running performance: 4:59 min/km

Rank in course/Total: 115 (of 290)

Rank in course/Men: 107 (of 232)

Best time in course: 1:13:03

Rank in category: 16(of 37)

Best time in the category: 1:29:55