



park&see-Lauf (1. Hofer Stadtlauf)

Hof / 27.09.2008

Detailed evaluation

Gornig, Wolfgang

Number: 75

Course: 21.10 km

Halbmarathon

Category:

Männer M45

Total time: 1:49:11

Speed: 11.60 km/h

Running performance: 5:10 min/km

Rank in course/Total: 144 (of 290)

Rank in course/Men: 131 (of 232)

Best time in course: 1:13:03

Rank in category: 22(of 37)

Best time in the category: 1:29:55