



# park&see-Lauf (1. Hofer Stadtlauf)

Hof / 27.09.2008

## Detailed evaluation

**Ehrhardt, Helge**

Club: FC Wiesla

Number: 38

Course: 21.10 km

Halbmarathon

Category:

Männer M45

Total time: 1:52:04

Speed: 11.24 km/h

Running performance: 5:19 min/km

Rank in course/Total: 158 (of 290)

Rank in course/Men: 143 (of 232)

Best time in course: 1:13:03

Rank in category: 25(of 37)

Best time in the category: 1:29:55