



park&see-Lauf (1. Hofer Stadtlauf)

Hof / 27.09.2008

Detailed evaluation

Poehlmann, Horst

Club: IfL Hof

Number: 212

Course: 21.10 km

Halbmarathon

Category:

Männer M55

Total time: 1:52:33

Speed: 11.20 km/h

Running performance: 5:20 min/km

Rank in course/Total: 164 (of 290)

Rank in course/Men: 148 (of 232)

Best time in course: 1:13:03

Rank in category: 5(of 11)

Best time in the category: 1:33:02