



park&see-Lauf (1. Hofer Stadtlauf)

Hof / 27.09.2008

Detailed evaluation

Seiferth, Judith

Club: TV Münchberg

Number: 264

Course: 21.10 km

Halbmarathon

Category:

Frauen W45

Total time: 1:53:51

Speed: 11.07 km/h

Running performance: 5:24 min/km

Rank in course/Total: 177 (of 290)

Rank in course/Women: 20 (of 58)

Best time in course: 1:23:34

Rank in category: 2(of 9)

Best time in the category: 1:46:39