



park&see-Lauf (1. Hofer Stadtlauf)

Hof / 27.09.2008

Detailed evaluation

Hein, Matthias

Club: Fitnesstreff Selb

Number: 95

Course: 21.10 km

Halbmarathon

Category:

Männer M30

Total time: 1:55:57

Speed: 10.87 km/h

Running performance: 5:30 min/km

Rank in course/Total: 190 (of 290)

Rank in course/Men: 167 (of 232)

Best time in course: 1:13:03

Rank in category: 20(of 22)

Best time in the category: 1:16:01