



park&see-Lauf (1. Hofer Stadtlauf)

Hof / 27.09.2008

Detailed evaluation

Czeppel, Heide

Club: IfL Hof

Number: 27

Course: 21.10 km

Halbmarathon

Category:

Frauen W40

Total time: 1:56:30

Speed: 10.82 km/h

Running performance: 5:31 min/km

Rank in course/Total: 191 (of 290)

Rank in course/Women: 24 (of 58)

Best time in course: 1:23:34

Rank in category: 4(of 7)

Best time in the category: 1:39:28