



park&see-Lauf (1. Hofer Stadtlauf)

Hof / 27.09.2008

Detailed evaluation

Saalfrank, Siegfried

Club: Ifl Frankenwald

Number: 238

Course: 21.10 km

Halbmarathon

Category:

Männer M65

Total time: 2:04:46

Speed: 10.10 km/h

Running performance: 5:55 min/km

Rank in course/Total: 240 (of 290)

Rank in course/Men: 198 (of 232)

Best time in course: 1:13:03

Rank in category: 3(of 3)

Best time in the category: 1:43:40