



park&see-Lauf (1. Hofer Stadtlauf)

Hof / 27.09.2008

Detailed evaluation

Ernst, Hans Joachim

Club: Faltbootclub Hof

Number: 40

Course: 21.10 km

Halbmarathon

Category:

Männer M60

Total time: 2:14:05

Speed: 9.40 km/h

Running performance: 6:21 min/km

Rank in course/Total: 269 (of 290)

Rank in course/Men: 217 (of 232)

Best time in course: 1:13:03

Rank in category: 7(of 9)

Best time in the category: 1:26:57