



park&see-Lauf (1. Hofer Stadtlauf)

Hof / 27.09.2008

Detailed evaluation

Friedel, Harald

Club: IfL Hof

Number: 56

Course: 21.10 km

Halbmarathon

Category:

Männer M50

Total time: 1:34:36

Speed: 13.32 km/h

Running performance: 4:29 min/km

Rank in course/Total: 48 (of 290)

Rank in course/Men: 44 (of 232)

Best time in course: 1:13:03

Rank in category: 3(of 29)

Best time in the category: 1:24:19