



# park&see-Lauf (1. Hofer Stadtlauf)

Hof / 27.09.2008

## Detailed evaluation

**Opel, Oliver**

Club: LAMILUX aktiv

Number: 199

Course: 21.10 km

Halbmarathon

Category:

Männer M30

Total time: 1:39:34

Speed: 12.65 km/h

Running performance: 4:43 min/km

Rank in course/Total: 76 (of 290)

Rank in course/Men: 70 (of 232)

Best time in course: 1:13:03

Rank in category: 13(of 22)

Best time in the category: 1:16:01