



park&see-Lauf (1. Hofer Stadtlauf)

Hof / 27.09.2008

## Detailed evaluation

**Herzig, Jörg**

Club: LG Hof

Number: 101

Course: 21.10 km

Halbmarathon

Category:

Männer M40

Total time: 1:22:12

Speed: 15.33 km/h

Running performance: 3:54 min/km

Rank in course/Total: 9 (of 290)

Rank in course/Men: 9 (of 232)

Best time in course: 1:13:03

Rank in category: 2(of 36)

Best time in the category: 1:19:31