



29. Wartburglauf  
Eisenach / 28.09.2008

## Detailed evaluation

**Aßmann, Holger**

Club: Triathlon Jena

Number: 192

Course: 12.50 km

Hauptlauf

Category:

Männer M50

Total time: 1:01:14

Speed: 11.76 km/h

Running performance: 4:54 min/km

Rank in course/Total: 113 (of 245)

Rank in course/Men: 107 (of 196)

Best time in course: 41:01

Rank in category: 10(of 15)

Best time in the category: 49:39