



29. Wartburglauf
Eisenach / 28.09.2008

Detailed evaluation

Freitag, Rüdiger

Club: Etterwinden
Number: 230

Course: 12.50 km
Hauptlauf

Category:
Männer M45

Total time: 59:20

Speed: 12.13 km/h
Running performance: 4:45 min/km

Rank in course/Total: 86 (of 245)

Rank in course/Men: 84 (of 196)

Best time in course: 41:01

Rank in category: 13(of 31)

Best time in the category: 47:21