



5. Lauf der Deutschen Einheit
Mühlhausen / 03.10.2008

Detailed evaluation

Braun, Jörg

Club: sc impuls erfurt
Number: 139

Course: 33.47 km
32 km Lauf

Category:
Männer 30 bis 39 Jahre

Total time: 2:38:05

Speed: 12.53 km/h
Running performance: 4:43 min/km

Rank in course/Total: 7 (of 98)

Rank in course/Men: 7 (of 82)

Best time in course: 2:14:54

Rank in category: 2(of 25)

Best time in the category: 2:14:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	26.20	2:06:09	4:48	2	19:10	7	19:10	26.20	2:06:09	4:48	23			75	
Last lap Finish	5.80	31:56	5:30	2	4:01	6	4:01	33.47	2:38:05	4:43	2	23:11		7	23:11