



5. Lauf der Deutschen Einheit
Mühlhausen / 03.10.2008

Detailed evaluation

Noll, Jonas

Club: Normania Treffurt
Number: 152

Course: 33.47 km
32 km Lauf

Category:
Männer 40 bis 49 Jahre

Total time: 2:42:59

Speed: 12.15 km/h
Running performance: 4:52 min/km

Rank in course/Total: 11 (of 98)

Rank in course/Men: 11 (of 82)

Best time in course: 2:14:54

Rank in category: 4(of 30)

Best time in the category: 2:33:32

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	26.20	2:08:38	4:54	4	7:05	13	21:39	26.20	2:08:38	4:54	27			50
Last lap Finish	5.80	34:21	5:55	7	2:47	18	6:26	33.47	2:42:59	4:52	4	9:27	11	28:05