



5. Lauf der Deutschen Einheit
Mühlhausen / 03.10.2008

Detailed evaluation

Schalle, Rainer

Club: Laufteam Rügen
Number: 101

Course: 33.47 km
32 km Lauf

Category:
Männer 40 bis 49 Jahre

Total time: 2:43:36

Speed: 12.28 km/h
Running performance: 4:53 min/km

Rank in course/Total: 13 (of 98)

Rank in course/Men: 13 (of 82)

Best time in course: 2:14:54

Rank in category: 5(of 30)

Best time in the category: 2:33:32

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	26.20	2:08:44	4:54	5	7:11	14	21:45	26.20	2:08:44	4:54	26			39
Last lap Finish	5.80	34:52	6:00	9	3:18	20	6:57	33.47	2:43:36	4:53	5	10:04	13	28:42