



5. Lauf der Deutschen Einheit
Mühlhausen / 03.10.2008

Detailed evaluation

Hesse, Uwe

Club: Mühlhausen
Number: 172

Course: 33.47 km
32 km Lauf

Category:
Männer 50 bis 59 Jahre

Total time: 2:44:54

Speed: 12.01 km/h
Running performance: 4:56 min/km

Rank in course/Total: 15 (of 98)

Rank in course/Men: 15 (of 82)

Best time in course: 2:14:54

Rank in category: 2(of 12)

Best time in the category: 2:34:20

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	26.20	2:11:56	5:02	2	8:34	18	24:57	26.20	2:11:56	5:02	2	8:34	46	
Last lap Finish	5.80	32:58	5:41	2	2:00	12	5:03	33.47	2:44:54	4:55	2	10:34	15	30:00