



5. Lauf der Deutschen Einheit
Mühlhausen / 03.10.2008

Detailed evaluation

Reif, bernd

Club: Gotha
Number: 180

Course: 33.47 km
32 km Lauf

Category:
Männer 30 bis 39 Jahre

Total time: 2:48:41

Speed: 11.91 km/h
Running performance: 5:02 min/km

Rank in course/Total: 22 (of 98)

Rank in course/Men: 21 (of 82)

Best time in course: 2:14:54

Rank in category: 8(of 25)

Best time in the category: 2:14:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	26.20	2:10:27	4:58	7	23:28	16	23:28	26.20	2:10:27	4:58	18			40	
Last lap Finish	5.80	38:14	6:35	7	10:19	31	10:19	33.47	2:48:41	5:02	8	33:47		21	33:47