



5. Lauf der Deutschen Einheit
Mühlhausen / 03.10.2008

Detailed evaluation

Montag, Nico

Club: SV Normania Treffurt
Number: 181

Course: 33.47 km
32 km Lauf

Category:
Männer 18 bis 29 Jahre

Total time: 2:51:23

Speed: 11.72 km/h
Running performance: 5:07 min/km

Rank in course/Total: 26 (of 98)

Rank in course/Men: 25 (of 82)

Best time in course: 2:14:54

Rank in category: 4(of 7)

Best time in the category: 2:25:09

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	26.20	2:17:49	5:15	4	22:56	31	30:50	26.20	2:17:49	5:15	3	14:27	71		
Last lap Finish	5.80	33:34	5:47	4	4:13	15	5:39	33.47	2:51:23	5:07	4	26:14	24	36:29	