



5. Lauf der Deutschen Einheit  
Mühlhausen / 03.10.2008

Detailed evaluation

Rosenbaum, Ralf

Club: Sättelstädt  
Number: 99

Course: 33.47 km  
32 km Lauf

Category:  
Männer 40 bis 49 Jahre

Total time: 2:55:52

Speed: 11.26 km/h  
Running performance: 5:15 min/km

Rank in course/Total: 34 (of 98)

Rank in course/Men: 32 (of 82)

Best time in course: 2:14:54

Rank in category: 13(of 30)

Best time in the category: 2:33:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	26.20	2:17:22	5:14	10	15:49	28	30:23	26.20	2:17:22	5:14	18			64	
Last lap Finish	5.80	38:30	6:38	15	6:56	35	10:35	33.47	2:55:52	5:15	13	22:20	32	40:58	