



5. Lauf der Deutschen Einheit
Mühlhausen / 03.10.2008

Detailed evaluation

Schlieffe, Waldemar

Club: SV Mihla
Number: 177

Course: 33.47 km
32 km Lauf

Category:
Männer 60 bis 69 Jahre

Total time: 3:01:30

Speed: 10.91 km/h
Running performance: 5:25 min/km

Rank in course/Total: 36 (of 98)

Rank in course/Men: 34 (of 82)

Best time in course: 2:14:54

Rank in category: 1(of 7)

Best time in the category: 3:01:30

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	26.20	2:24:13	5:30	1	-	38	37:14	26.20	2:24:13	5:30	1	-	59	
Last lap Finish	5.80	37:17	6:25	1	-	28	9:22	33.47	3:01:30	5:25	1	-	34	46:36