



5. Lauf der Deutschen Einheit
Mühlhausen / 03.10.2008

Detailed evaluation

Frerichs, Kim-Oliver

Club: Mühlhausen
Number: 28

Course: 33.47 km
32 km Lauf

Category:
Männer 30 bis 39 Jahre

Total time: 3:02:17

Speed: 10.86 km/h
Running performance: 5:27 min/km

Rank in course/Total: 37 (of 98)

Rank in course/Men: 35 (of 82)

Best time in course: 2:14:54

Rank in category: 12(of 25)

Best time in the category: 2:14:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	26.20	2:23:50	5:29	13	36:51	37	36:51	26.20	2:23:50	5:29	14	0:01	58	
Last lap Finish	5.80	38:27	6:37	9	10:32	33	10:32	33.47	3:02:17	5:26	12	47:23	35	47:23