



5. Lauf der Deutschen Einheit
Mühlhausen / 03.10.2008

Detailed evaluation

Stenzel, Jörg

Club: Hildburghausen
Number: 113

Course: 33.47 km
32 km Lauf

Category:
Männer 30 bis 39 Jahre

Total time: 3:02:17

Speed: 10.86 km/h
Running performance: 5:27 min/km

Rank in course/Total: 38 (of 98)

Rank in course/Men: 36 (of 82)

Best time in course: 2:14:54

Rank in category: 13(of 25)

Best time in the category: 2:14:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	26.20	2:23:49	5:29	12	36:50	36	36:50	26.20	2:23:49	5:29	1	-	60	
Last lap Finish	5.80	38:28	6:37	10	10:33	34	10:33	33.47	3:02:17	5:26	12	47:23	35	47:23