



5. Lauf der Deutschen Einheit
Mühlhausen / 03.10.2008

Detailed evaluation

Speck, Wilfried

Club: SV Hitzerode
Number: 262

Course: 33.47 km
32 km Lauf

Category:
Männer 50 bis 59 Jahre

Total time: 3:10:46

Speed: 10.38 km/h
Running performance: 5:42 min/km

Rank in course/Total: 46 (of 98)

Rank in course/Men: 44 (of 82)

Best time in course: 2:14:54

Rank in category: 7(of 12)

Best time in the category: 2:34:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	26.20	2:23:15	5:28	6	19:53	35	36:16	26.20	2:23:15	5:28	7	19:53	15		
Last lap Finish	5.80	47:31	8:11	10	16:33	63	19:36	33.47	3:10:46	5:41	7	36:26	44	55:52	