



5. Lauf der Deutschen Einheit
Mühlhausen / 03.10.2008

Detailed evaluation

Nölker, Jens

Club: SG Müllana Mühlhausen
Number: 199

Course: 33.47 km
32 km Lauf

Category:
Männer 30 bis 39 Jahre

Total time: 3:12:42

Speed: 10.28 km/h
Running performance: 5:46 min/km

Rank in course/Total: 50 (of 98)

Rank in course/Men: 47 (of 82)

Best time in course: 2:14:54

Rank in category: 15(of 25)

Best time in the category: 2:14:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	26.20	2:27:39	5:38	14	40:40	43	40:40	26.20	2:27:39	5:38	11	3:50	12		
Last lap Finish	5.80	45:03	7:46	20	17:08	59	17:08	33.47	3:12:42	5:45	15	57:48	47	57:48	