



5. Lauf der Deutschen Einheit  
Mühlhausen / 03.10.2008

Detailed evaluation

Wand, Thomas

Club: Eisenach  
Number: 165

Course: 33.47 km  
32 km Lauf

Category:  
Männer 30 bis 39 Jahre

Total time: 3:20:05

Speed: 9.90 km/h  
Running performance: 5:59 min/km

Rank in course/Total: 64 (of 98)

Rank in course/Men: 58 (of 82)

Best time in course: 2:14:54

Rank in category: 19(of 25)

Best time in the category: 2:14:54

Intermediate times

Stage score

Total ranking

| Control         | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total ranking |               |                 |             |                |            |               |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
|                 |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
| Lap 1           | 26.20       | 2:40:13       | 6:06            | 19          | 53:14          | 60          | 53:14         | 26.20         | 2:40:13       | 6:06            | 7           | 16:24          | 11         | 9:06          |
| Last lap Finish | 5.80        | 39:52         | 6:52            | 13          | 11:57          | 39          | 11:57         | 33.47         | 3:20:05       | 5:58            | 19          | 1:05:11        | 58         | 1:05:11       |