



5. Lauf der Deutschen Einheit
Mühlhausen / 03.10.2008

Detailed evaluation

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Club: www.laufguertel.de
Number: 184

Course: 33.47 km
32 km Lauf

Category:
Männer 30 bis 39 Jahre

Total time: 3:27:48

Speed: 9.66 km/h
Running performance: 6:13 min/km

Rank in course/Total: 69 (of 98)

Rank in course/Men: 61 (of 82)

Best time in course: 2:14:54

Rank in category: 21(of 25)

Best time in the category: 2:14:54

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	26.20	2:41:25	6:09	20	54:26	61	54:26	26.20	2:41:25	6:09	5	17:36	36	10:18
Last lap Finish	5.80	46:23	7:59	22	18:28	61	18:28	33.47	3:27:48	6:12	21	1:12:54	61	1:12:54