



5. Lauf der Deutschen Einheit  
Mühlhausen / 03.10.2008

Detailed evaluation

Stützer, Helmut

Club: Heyerode  
Number: 116

Course: 42.95 km  
42 km Lauf

Category:  
Männer 50 bis 59 Jahre

Total time: 3:37:28

Speed: 11.59 km/h  
Running performance: 5:04 min/km

Rank in course/Total: 5 (of 46)

Rank in course/Men: 5 (of 40)

Best time in course: 3:22:32

Rank in category: 2(of 9)

Best time in the category: 3:27:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	26.20	2:06:58	4:50	2	1:33	5	1:41:19	26.20	2:06:58	4:50	2	1:33	24	1:41:19
Lap 2	9.50	51:19	5:24	2	2:58	8	6:33	35.70	2:58:17	4:59	2	4:31	23	18:57
Last lap Finish	6.30	39:11	6:13	3	5:54	11	6:05	42.95	3:37:28	5:03	2	10:25	5	14:56