



5. Lauf der Deutschen Einheit
Mühlhausen / 03.10.2008

Detailed evaluation

Brandt, Sebastian

Club: Fitnessoase Ohrdruf
Number: 213

Course: 33.47 km
32 km Lauf

Category:
Männer 18 bis 29 Jahre

Total time: 3:50:15

Speed: 8.60 km/h
Running performance: 6:53 min/km

Rank in course/Total: 83 (of 98)

Rank in course/Men: 71 (of 82)

Best time in course: 2:14:54

Rank in category: 6(of 7)

Best time in the category: 2:25:09

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	26.20	3:02:43	6:58	6	1:07:50	73	1:15:44	26.20	3:02:43	6:58	5	59:21	29	31:36
Last lap Finish	5.80	47:32	8:11	5	18:11	65	19:37	33.47	3:50:15	6:52	6	1:25:06	71	1:35:21