



5. Lauf der Deutschen Einheit  
Mühlhausen / 03.10.2008

Detailed evaluation

Bachmann, Sylvio

Club: Heiligenstadt  
Number: 254

Course: 42.95 km  
42 km Lauf

Category:  
Männer 30 bis 39 Jahre

Total time: 3:55:37

Speed: 10.70 km/h  
Running performance: 5:29 min/km

Rank in course/Total: 13 (of 46)

Rank in course/Men: 13 (of 40)

Best time in course: 3:22:32

Rank in category: 4(of 10)

Best time in the category: 3:27:24

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	26.20	2:15:52	5:11	4	1:50:13	12	1:50:13	26.20	2:15:52	5:11	3	7:17	32	1:50:13
Lap 2	9.50	55:50	5:52	3	9:45	15	11:04	35.70	3:11:42	5:22	3	19:28	28	32:22
Last lap Finish	6.30	43:55	6:58	6	8:45	20	10:49	42.95	3:55:37	5:29	4	28:13	13	33:05